

List of iGOT Courses for Section-VII: Postman /Mail Guard/Driver/Artisan & equivalent

Sr. No.	Course Name	Course Tag	Course Provider	Duration	iGOT Course Link
1	Developing a Customer-Centric Culture in the Department of Posts	APAR & Comprehensive Assessment linked	Assam Postal Circle	1h37m	https://portal.igotkarmayogi.gov.in/app/toc/do_1142105510656409601690/overview
2	Conduct Rules		Institute of Secretariat Training and Management	1h22m	https://portal.igotkarmayogi.gov.in/app/toc/do_113827496476262400124/overview
3	Overview of Gender Sensitization		Department of Posts	1h31m	https://portal.igotkarmayogi.gov.in/app/toc/do_1141342887585955841186/overview
4	Know Your Ministry - Department of Posts	APAR linked	RAKNPA	29m9s	https://portal.igotkarmayogi.gov.in/app/toc/do_114254573288022016123/overview
5	Citizen Centric Services Offered by India Post		RAKNPA	2h32m	https://portal.igotkarmayogi.gov.in/app/toc/do_1141349374333665281232_rc/overview
6	Developing Effective Soft Skills		Central Reserve Police Force (CRPF)	39m59s	https://portal.igotkarmayogi.gov.in/app/toc/do_1140017961653534721223/overview
Comprehensive Assessment Program for Postman/Mail Guard/Driver/Artisan					https://portal.igotkarmayogi.gov.in/app/toc/do_1144887812839833601101/overview
Artificial Intelligence (AI) courses on iGOT (atleast one course to be completed)- vide DoP OM dated 22.01.2026					
1	YUVA AI for All	Non- APAR linked	India AI Mission	3h 50 mins	https://portal.igotkarmayogi.gov.in/app/toc/do_1144314741016166401174/overview
2	इमर्जिंग टेक्नोलॉजीज से परिचय		Wadhvani Foundation	1h 22 mins	https://portal.igotkarmayogi.gov.in/app/toc/do_11416691247196569616/overview
3	Artificial Intelligence (AI) – Hindi		Microsoft	1h 35 mins	https://portal.igotkarmayogi.gov.in/app/toc/do_114187881086287872143/overview
4	आर्टिफिशियल इंटेलिजेंस की मूल बातें: सीखना, अनुप्रयोग और नैतिकता		Microsoft	1h 34 mins	https://portal.igotkarmayogi.gov.in/app/toc/do_1143584122272481281396/overview
5	आर्टिफिशियल इंटेलिजेंस का भविष्य		RCVP Noronha Academy, MP	1h 7 mins	
Cybersecurity Courses on iGOT (atleast one course to be completed)- vide DoP OM dated 22.01.2026					
1	Cybersecurity (Basic Level)	Non- APAR linked	IIT Madras	1h 24 mins	https://portal.igotkarmayogi.gov.in/app/toc/do_1142432002191196161252/overview
2	Staying Safe in Cyberspace		CRPF	2h 10 mins	https://portal.igotkarmayogi.gov.in/app/toc/do_11431731643726233611211/overview
3	Cyber Hygiene Essentials		JRRPF Academy	1h 53 mins	https://portal.igotkarmayogi.gov.in/app/toc/do_114403087819890688158/overview

For more details, please visit <https://utilities.cept.gov.in/dop/pdfbind.ashx?id=14596> or refer to the Training Division's OM dated 02.02.2026